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Report of internship at RSHU

It was month full of experiences and cognition. First two weeks I spent on Valaam island in Ladoga lake at Education and Scientific Station of RSHU. I provided measurements of nature radiation. Equipment for measurement was called dosimetr or radiometr and offers levels or values of α , β and γ dose input from surfaces otherwise nature radiation. Measurements were provided at main station, Kristovoje lake, Lišovoje lake, Antonijevskoje lake, Germanovskoje lake, Pjetrovskij bay, Nikonovskoje and Konjevskyje lake. These places are situated on each quarter of Valaam island. I measured different kinds of surfaces: rock, stone, soil, lichen, grass, moss. I made databese of nature radiation levels on Valaam. At the end of my stay I had final presentation of my measurements.

People I met on Valaam, were so nice to me. First week was hard for me, even for them also, I think, because I was alone in foreign country, without knowledge of the Russian language, just communicative English..... My roommate (Alina) became really good friend of mine. Also teachers Katarina Jurievna, Anastasia Barisovna and Vera Davidovna were so nice to me and very patient with me. Everybody tried to make me feel good, comfortable and not alone. I was met with great hospitality and helpfulness. Which is sometime hard to find even in Czech republic.

I think there is nothing negative about my stay on Valaam, awesome nature, so peaceful, beautiful but also wild. I had never experienced anything like that. I love to remember to wonderful sunsets at 23:00 and really early sunrise and I really like to remember the moments spent with such a great group of students and teachers.

Last day was sad day for me, because I found there good friends. I didn't want to go back to St. Petersburg. Just one word is able to express my opinion of Valaam: *incredible!!!!*

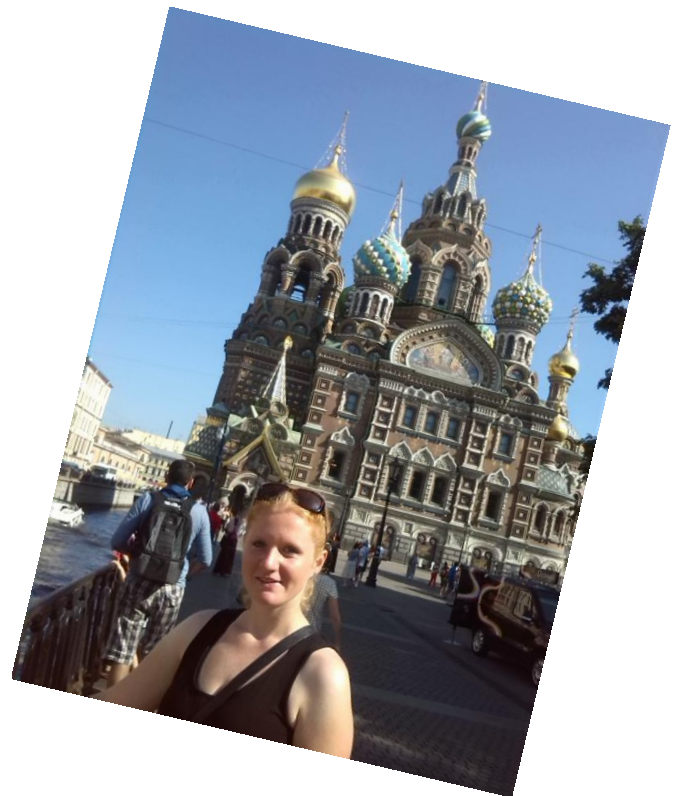
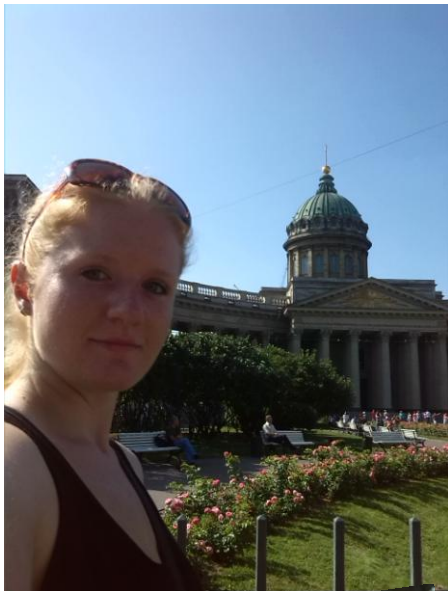
In St. Petersburg was amazing weather, sunny, no rain, for 14 days. Thank you, my Valaam's (RSHU's) meteorologists :) I visited student's presentation at RSHU of their practice on the rivers in St. Petersburg. A lot of time I spent of walking through the city center and area around the dormitory at „Prospekt Bolshevikov“. I had opportunity to visit many museums, monuments, cultural events, to know another culture, eating habits and more. One day trip to Novgorod which is beautiful city. Another day to Peterghof, everything with Sergei. Very patient, kind, helpful student. Before my departure I experienced a night cruise on the Neva. All thanks to Denis. Good friend, patient, bright person without whom I couldn't experience all of this.

To summarize my summer practice in Russia. Unforgottable experience full of knowledge, encounters of interesting people. St. Petersburg is really beautiful, rich city with many possibilities for everybody. I'm looking forward to go there again.

And what gave me this experience? Friends, self-knowledge and that everything is possible.....:)

Special thanks to Denis, Sergei, Alina, Ilona, Anastasia, Katarina, Vera, Ksenia, Dmitrij, Peter, Saša, Rita and other people who took care of me and mediated everything around me and my internship.

**THANK YOU, DĚKUJI VÁM,
БОЛЬШОЕ СПАСИБО!!!!**



Kvas-yummy :)

